

Have you been hurt or embarrassed by a drinker's behavior?

Ask yourself - do you:

- Search for hidden alcohol?
- Pour alcohol down the sink?
- Cancel plans because the drinker is unable to attend?
- Make excuses for problems caused by the drinking?
- Have money problems caused by the drinking?
- Think that if the drinking stopped other problems would end?

If the answer to any of these questions is "Yes," Al-Anon Family Groups may be able to help you.

Learn more by attending a confidential meeting in your community.

When you don't know where to turn... because someone drinks too much...



Al-Anon Family Groups can help.

- Al-Anon Help Line
970-225-2666(2AL-ANON)
www.al-anon-noco.org

There are meetings every day in the Fort Collins Area and hundreds of meetings throughout the state.

For more information, contact:
District 20 Al-Anon/Alateen.
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