

Alcoholism in a family is like a tornado



It can leave your life in ruins

If you're concerned about someone else's drinking,
Al-Anon / Alateen can help.

970-2AL-ANON

www.al-anon-noco.org

AL-ANON FAMILY GROUP HEADQUARTERS INC., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617, U.S.A.